



REGISTER TODAY FOR THE 2012 SEASON!

CONTACT FOOTBALL • FLAG FOOTBALL • CHEERLEADING



Contact Football registration is for players in the 2nd through 8th grade and includes a uniform and all necessary equipment. Contact players practice 3 times per week beginning in early August and play games on Saturday's at the Pleasanton Sports Park beginning in early September.

Flag Football registration is for players in the 2nd through 8th grade and includes a uniform and all necessary equipment. Flag Football players practice 1 time a week beginning the third week of August and play games on Saturday's at Hart Middle School beginning in mid-September.



PJFL also offers **Cheerleading** for boys and girls in the 2nd through 8th grade. No experience is required and it's great fun for all ages and skill levels. Registration includes a uniform and training. Cheerleaders practice two times per week beginning in late June and cheer on Saturday's at the Pleasanton Sports Park during all of the contact division football games!



**“EVERYONE PLAYS IN PJFL”
THERE ARE NO TRYOUTS - THERE ARE NO CUTS!**

FOR MORE DETAILS AND TO REGISTER TO PLAY VISIT PJFL.COM

**Pleasanton Junior Football League • P.O. Box 443, Pleasanton, CA 94566
www.pjfl.com • Facebook.com/PleasantonJuniorFootballLeague**

